

Psychology syllabus

2019-20

SCHEME OF B.A. (PASS COURSE) SEMESTER SYSTEM (PSYCHOLOGY) (2019-2020)

Class	Nomenclature of paper	Internal Assess.	Theory	Time
B.A.(Sem.-I)	Introduction to Psychology	15	60	3 Hours
-do-	Practical		25	3 Hours
B.A.(Sem.-II)	Social Psychology	15	60	3 Hours
- do -	Practical		25	3 Hours
B.A.(Sem.-III)	Experimental Psychology	15	60	3 Hours
-do-	Practical		25	3 Hours
B.A. (Sem.-IV)	Developmental Psychology	15	60	3 Hours
-do-	Practical		25	3 Hours
B.A.(Sem.-V)	Psychopathology	15	60	3 Hours
-do-	Practical		25	3 Hours
B.A. (Sem.-VI)	Applied Psychology	15	60	3 Hours
-do-	Practical		25	3 Hours

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2019-20 onwards

B.A. (PASS COURSE) PSYCHOLOGY SYLLABUS (2019-20)

B.A. (Semester-I)

INTRODUCTION TO PSYCHOLOGY

(2019-20)

Theory: 60

Internal Assessment: 15

Time: 3 hours

Note: - (i)

(ii)

The question paper will comprise of nine questions, each carrying 12 marks. Question No. one will be compulsory comprising of 06 short answer questions each carrying 02 marks (each to be answered in 30 words)

(iii)

Remaining eight questions (essay type) would be set unit-wise (two questions per unit) and the candidate would attempt atleast one question from each unit.

UNIT-I

Psychology: History, Emergence as Science, Schools of Psychology, Subject matter.

Methods of Psychology: Introspection, Observation, Experimental.

UNIT-II

Sensory Processes: Nature, Types of Senses, Structure and Functions of Eye and Ear.

Perception: Nature, Relationship with Sensation, Perception of form – Figure and ground, Perceptual Cues : Monocular & Binocular.

UNIT-III

Emotion: Nature, Types of Innate Emotions (Positive & Negative), Bodily changes, Theories of Emotion: James-Lange, Cannon-Bard and Schachter & Singer.

Motivation: Nature, Biological and Psychological Motives.

UNIT-IV

Personality: Nature, Determinants of personality, Type and Trait approach.

Intelligence: Nature, Theories: Spearman, Thurstone, and Cattell.

References:

Atkinson, R.L., Atkinson, R.L., et al. (1985) *Introduction to Psychology*. N. Y.: HBJ Publishers.

Singh, A.K. (2009) *Uchattar Samanaya Manovigyan*. Delhi: Motilal Banarsidas.

Singh, A. & Singh, U. (1984). *Prayogatamak Manovigyan*. Bhiwani: Vedic Prakashan.

Singh, R. & Shyam, R. (2008) *Adhunik Sangyanatmak Manovigyan*. Panchkula: Haryana Sahitya Akadami.

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B.A. (Semester-I)

PRACTICAL

M.Marks : 25
Time : 3 hrs.

1. EPQ/EPI
2. Retinal Color zones/Color Blindness
3. Sound Localization
4. Study of emotions.
5. Simple reaction time
6. Verbal Test of Intelligence.
7. Performance Test of Intelligence/RPM.
8. Observation (Speed & accuracy)
9. Experiment on form perception/Depth Perception
10. Test of Motivation.

Note: Students are to conduct and report at least 6(six) practicals.
The examiner will allot one practical at the time of examination.

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B.A. (Semester-II)

SOCIAL PSYCHOLOGY

(2019-20)

Theory: 60

Internal Assessment: 15

Time: 3 hours

Note: - (i)

(ii)

The question paper will comprise of nine questions, each carrying 12 marks. Question No. one will be compulsory comprising of 06 short answer questions each carrying 02 marks (each to be answered in 30 words)

(iii)

Remaining eight questions (essay type) would be set unit-wise (two questions per unit) and the candidate would attempt atleast one question from each unit.

UNIT-I

Introduction: Nature, subject matter, Sociometric method.

Socialization: Nature, Process and Agents of Socialization.

UNIT-II

Group: Types and functions; Social Norms: Meaning, Characteristics and formation.

Leadership: Types, Function, Theories—Trait, Situational, and Interactional.

UNIT-III

Attitudes: Characteristics, Development and Attitude change.

Prejudice: Nature, Development and Stereotypes.

UNIT-IV

Prosocial Behaviour: Nature, Determinants, Cognitive Model.

Aggression: Nature, determinants and prevention.

References:

Baron, R.A. and Byrne, D. (2008) *Samajik Manovigyan (Hindi Sanskaran)*. Delhi: Pearson.

Chaube S.P. (1985) *Social Psychology*. Agra: Educational Publishers.

Perlman, D. and Cozby, P.C. (1983). *Social Psychology*. New York: CBS College Publishing.

Rai, B.C. (1989) *Social Psychology*. Delhi: Sultan Pub.

Singh, A.K. (2009). *Samaj Manovigyanki Rooprekha*. Delhi: MotiLal Banarsidas.

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B.A. (Semester-I)

PRACTICAL

M.Marks : 25
Time : 3 hrs.

1. Sociometry
2. Measurement of Attitude
3. Altruism Scale
4. Stereotypes
5. Anger Expression/Aggression Scale
6. Prejudice Scale
7. Leadership Styles
8. Social Facilitation
9. Rosenwig's P.F. Test/Norm formation
10. Social Conformity

Note: Students are to conduct and report at least 6(six) practicals.
The examiner will allot one practical at the time of examination.

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B.A. (Semester-III)

EXPERIMENTAL PSYCHOLOGY

(2019-20)

Theory: 60

Internal Assessment: 15

Time: 3 hours

Note: - (i)
(ii)

The question paper will comprise of nine questions, each carrying 12 marks.
Question No. one will be compulsory comprising of 06 short answer questions
each carrying 02 marks (each to be answered in 30 words)

(iii) Remaining eight questions (essay type) would be set unit-wise (two questions per unit) and the candidate would attempt atleast one question from each unit.

UNIT-I

Psychophysics: Nature, Problems of Psychophysics
Methods: Classical Methods of Psychophysics

UNIT-II

Attention: Nature, Characteristics & Types.
Learning: Definition, Factors affecting Learning, Trial and error learning,
Insight learning, Conditioning.

UNIT-III

Memory: Definition, Stages, STM and LTM – Methods to Study Memory.
Forgetting: Nature, Factors leading to forgetting, Techniques for
Improving Memory.

UNIT-IV

Problem solving: Nature, Stages of problem solving, Factors affecting Problem Solving.
Thinking: Nature, Types (Convergent & Divergent).

References:

- Atkinson, R.L., Atkinson, R.L., et al. (1985) *Introduction to Psychology*. N. Y.: HBJ-Publishers.
D' Amato, M.R. (2001) *Experimental Psychology: Methodology, Psychophysics and Learning*.
New Delhi: McGraw Hill.
Singh, A.K. (2009) *Uchattar Samanaya Manovigyan*. Delhi: MotiLalBanarsidas.
Singh, A. & Singh, U. (1984). *Prayogatamak Manovigyan*. Bhiwani: Vedic Prakashan.
Singh, R. & Shyam, R. (2008) *Adhunik Sangyanatmak Manovigyan*. Panchkula: Haryana Sahitya
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B.A. (Semester-III)

PRACTICAL

M.Marks : 25
Time : 3 hrs.

1. Serial Position Effect.
2. Experiment on STM
3. Experiment on LTM
4. Retroactive Inhibition
5. AL by method of constant stimuli
6. DL by method of limits.
7. Muller-Lyre Illusion
8. Problem Solving
9. Bilateral Transfer of Training/ Maze Learning
10. Span of Attention.

Note: Students are to conduct and report at least 6 (six) practicals.
The examiner will allot one practical at the time of examination.

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B.A. (Semester-IV)

DEVELOPMENTAL PSYCHOLOGY

(2019-20)

Theory: 60

Internal Assessment: 15

Time: 3 hours

- Note: - (i) The question paper will comprise of nine questions, each carrying 12 marks.
(ii) Question No. one will be compulsory comprising of 06 short answer questions each carrying 02 marks (each to be answered in 30 words)
(iii) Remaining eight questions (essay type) would be set unit-wise (two questions per unit) and the candidate would attempt atleast one question from each unit.

UNIT-I

Human Development; Concept and principles
Factors affecting human development; Biological, Social and Cultural

UNIT-II

Prenatal development, determinants and stages.
Infancy: Characteristics, Hazards and adjustment.

UNIT-III

Childhood: Characteristics, Perceptual, Motor, Emotional, Cognitive Development. Theories : Piaget & Vygotsky.
Adolescence: Characteristics and problems of adolescence and adjustment.

UNIT-IV

Adulthood: Early adulthood, late adulthood and aging-Changing patterns and problems.
Measures of Central Tendencies: Mean, Median & Mode.

References:

- Berk, L.E. (2004). *Development Through the Life Span*. Delhi: Pearson Education.
Hurlock, E.B. (2001) *Developmental Psychology: A life-span approach*. New Delhi: Tata McGraw Hill.
Lal, J.N., & Srivasstava, A. (2001) *Modern Developmental Psychology*. Agra: Vinod Pustak Bhandar.
Sheffer, D.R. & Katherine, K. (2007). *Developmental Psychology: Childhood And Adolescence* New York: Thomson Wadsworth.
Santrock, J.W. (1997). *Life Span Development*. Dubuque: Brown and Benchmark.
Singh, R., Shyam, R. and Gupta, L. (2015) *Fundamental Statistics for Social Sciences (In Hindi)*, Intellectual Foundation (India) Rohtak

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B.A. (Semester-IV)

PRACTICAL

M.Marks : 25
Time : 3 hrs.

1. Cognitive Development
2. Emotional Maturity Scale
3. Parent-Child Relationship
4. Self Concept
5. Youth Problem Inventory
6. Self Esteem Inventory
7. Study of values
8. Family Environment Inventory
9. Impulsiveness Scale
10. Case Study

Note: Students are to conduct and report at least 6(six) practicals.
The examiner will allot one practical at the time of examination.

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B.A. (Semester-V)

PSYCHOPATHOLOGY (2019-20)

Theory: 60
Internal Assessment: 15
• Time: 3 hours

- Note: - (i) The question paper will comprise of nine questions, each carrying 12 marks.
(ii) Question No. one will be compulsory comprising of 06 short answer questions each carrying 02 marks (each to be answered in 30 words)
(iii) Remaining eight questions (essay type) would be set unit-wise (two questions per unit) and the candidate would attempt atleast one question from each unit.

UNIT-I

Concept of normality and abnormality.

Models of Psychopathology: Biological, Psychodynamic, Behavioural, and Cognitive.

UNIT-II

Classification of Psychopathology: Need for classification, DSM V.

Diagnostic Assessment: Case history, Interview, Psychological Tests.

UNIT-III

Anxiety Based Disorders: GAD, OCD, and Phobic disorders-Symptom and Causes.

Substance/drug abuse – Causes, Consequences and Rehabilitation.

UNIT-IV

Mood disorders: Unipolar and bipolar-Symptoms and causes.

Schizophrenia: Nature, types, and causes.

References:

Anand, V. and Srivastva, R. (2003). *Manovikriti Vigyan*, Delhi: MotiLal Banarsi Das.

Carson, R.C.; Butcher, J.N., et al. (2007). *Abnormal Psychology*, (13th Ed.) New Delhi: Pearson Education.

Davison, G.C. & Neale, J.M. (1998). *Abnormal Psychology* (7th Ed.) New York: Willy.

Sarason, I.G. and Sarason, B.R. (2005). *Abnormal Psychology: The Problem of Maladaptive Behaviour* (10th Ed.) New Delhi: Pearson Education Inc.

Singh, A.K. (2006). *Adhunik Asamanya Manovigyan*, Delhi: MotiLal Banarasi Das.

Srivastava, D.N. (1991) *Adhunik Asamanya Manovigyan*(6th Ed.) Agra: Sahitya.

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B.A. (Semester-V)

PRACTICAL

M.Marks : 25

Time : 3 hrs.

1. Clinical Interview
2. CAQ
3. TAT
4. WAT
5. Depression Inventory
6. Anxiety Scale
7. WAIS
8. Emotional Intelligence
9. PGI Memory Scale
10. DMI

Note: Students are to conduct and report at least 6 (six) practicals.
The examiner will allot one practical at the time of examination.

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B.A. (Semester-VI)

APPLIED PSYCHOLOGY (2019-20)

Theory: 60
Internal Assessment: 15
Time: 3 hours

- Note: - (i) The question paper will comprise of nine questions, each carrying 12 marks.
(ii) Question No. one will be compulsory comprising of 06 short answer questions each carrying 02 marks (each to be answered in 30 words)
(iii) Remaining eight questions (essay type) would be set unit-wise (two questions per unit) and the candidate would attempt atleast one question from each unit.

UNIT-I

Applied Psychology: Meaning, History, fields, and careers in psychology.

Organizational Psychology: Nature, Scope, objectives, and development.

UNIT-II

Guidance: Objectives, Principles, types of guidance, Organization of guidance programme.

Counselling: Need, Principles, Special areas, and Types of Counselling.

UNIT-III

Health Psychology: Meaning, Scope and Objectives; Concept of health and illness.

Psychological factors in physical illness, Life style and health, Stress and coping.

UNIT-IV

Forensic psychology: Psychology and Law, Eyewitness Memory; Accuracy and improvement.

Statistics: Measure of Variability Standard Deviation, Quartile Deviation.

References: -

Annastasi, A (1979) *Fields of Applied Psychology* (2nd ed.) U.S.A.: McGraw. Hill.

Krasner, L. (1989) *Modern Applied Psychology*. New York: Pergamon Press.

Rao, S.N. (2004). *Guidance and Counselling*. New Delhi: Discovery Publishing House. Taylor, S.E. (2006) *Health Psychology* (6th ed.) Delhi: Tata McGraw Hill.

Verma, R.S., Singh, S., & Sharma, D. (1982). *Vayavaharik Manovigyan*. Agra: Vinod Pustak Mandir.

Singh, R., Shyam, R. and Gupta, L. (2015) *Fundamental Statistics for Social Sciences (In Hindi)*, Intellectual Foundation (India) Rohtak

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B.A. (Semester-VI)

PRACTICAL

M.Marks: 25
Time: 3 hrs.

1. Stress Scale
2. Coping Styles/Wellbeing Scale
3. General Health Questionnaire
4. Life Style Schedule
5. Aptitude Scale
6. Interest Inventory
7. Job Satisfaction
8. Counselling Need Inventory
9. Job Stress Scale
10. Healthiness Scale/Adjustment Inventory

Note: Students are to conduct and report at least 6(six) practicals.
The examiner will allot one practical at the time of examination.

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