

Tau Devi Lal Govt. Post Graduate College for Women, Murthal (Sonepat)

Lesson Plan

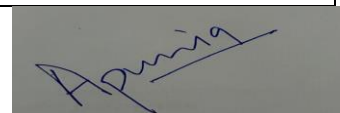
Name of the Faculty: Dr. Anupriyaa

Class and Section: B.A. IIIrd (Vth Sem)

Session: 2025-26

Subject: Psychopathology

S.No.	Month	Topics
1	July, 2025	<ul style="list-style-type: none">• Concept of Normality and Abnormality• Psychopathology as a conceptual concept
2	August, 2025	<ul style="list-style-type: none">• Models of Psychopathology<ul style="list-style-type: none">- Biological Model- Psychodynamic- Behavioural- Cognitive
3	September, 2025	<ul style="list-style-type: none">• Classification of Psychology<ul style="list-style-type: none">- What is Classification- Need for Classification- DSM V• Diagnostic Assessment<ul style="list-style-type: none">-Case History-Interview-Projective Techniques• Anxiety Based Disorders<ul style="list-style-type: none">-GAD
4	October, 2025	<ul style="list-style-type: none">• Anxiety Based Disorders<ul style="list-style-type: none">-OCD-Phobia• Substance /Drug Abuse<ul style="list-style-type: none">-Causes-Consequences-Rehabilitation
5	November, 2025	<ul style="list-style-type: none">• Mood Disorder<ul style="list-style-type: none">-Unipolar and Bipolar Disorder (Symptoms and Causes)• Schizophrenia<ul style="list-style-type: none">-Nature-Types & CausesRevision and Tests
6	December, 2023	Examination



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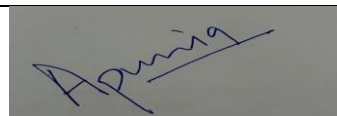
Name of the Faculty: Dr. Anupriyaa

Class and Section: B.A. IInd (IIIrd Sem)

Session: 2025-26

Subject: Developmental Psychology (CC)

S.No.	Month	Topics
1	July, 2025	<ul style="list-style-type: none">• Nature, Scope & Importance of Developmental Psychology• Principles of Growth & Development• Practical 1
2	August, 2025	<ul style="list-style-type: none">• Methods of developmental Psychology<ul style="list-style-type: none">- Cross-Sectional, Longitudinal & Sequential• Influence of Heredity & Environment on Development• Prenatal Development : Stages & Hazards• Infancy & Childhood – Physical & Motor Development• Practical 2
3	September, 2025	<ul style="list-style-type: none">• Piaget's Cognitive Developmental Theory• Information Processing Approach to Cognitive Development• Erikson's Psychosocial Theory• Practical 3• Mid Term Class Test
4	October, 2025	<ul style="list-style-type: none">• Bowlby & Ainsworth Attachment Theories• Emotional Development during Infancy & Childhood• Influence of Parenting Styles & Family Dynamics• Physical & Psychological Changes in Adolescence• Practical 4
5	November, 2025	<ul style="list-style-type: none">• Identity formation & Peer Influence• Development in Early and Middle Adulthood• Ageing & Cognitive Decline in Late Adulthood• Practical 5• Revision• Class test
6	December, 2023	Examination



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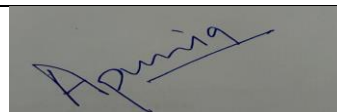
Name of the Faculty: Dr. Anupriya

Class and Section: B.A. IInd (IIIrd Sem)

Session: 2025-26

Subject: Social Psychology (MIC)

S.No.	Month	Topics
1	July, 2025	<ul style="list-style-type: none">• Social Psychology : Nature, History & Scope• Methods : Observation, Survey, Sociometric Method• Practical 1
2	August, 2025	<ul style="list-style-type: none">• Application of Applied Social Psychology• Socialization. : Nature, Agents & Factors• Self- Concept & Self Presentation• Impression : Formation & Management• Practical 2
3	September, 2025	<ul style="list-style-type: none">• Leadership : Nature, Characteristics & Types• Interpersonal Attraction : Nature & Determinants• Groups : Types & Major Theories• Social Facilitation & Social Loafing• Practical 3• Mid Term Test
4	October, 2025	<ul style="list-style-type: none">• Stereotyping : Causes & Effects• Prejudice in Action• Discrimination• Prosocial Behaviour & Altruism• Practical 4
5	November, 2025	<ul style="list-style-type: none">• Cooperation & Conflict• Resolution Techniques• Mob Behaviour• Violence• Health & Social Support• Practical 5• Revision• Class test
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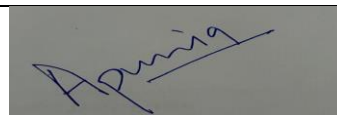
Name of the Faculty: Dr. Anupriyaa

Class and Section: B.A. Ist (Ist Sem)

Session: 2025-26

Subject: Fundamentals of Psychology

S.No.	Month	Topics
1	July, 2025	<ul style="list-style-type: none">• Concept of Psychology<ul style="list-style-type: none">- Definition- History of Origin
2	August, 2025	<ul style="list-style-type: none">• Goals & Fields of Psychology• Methods in Psychology<ul style="list-style-type: none">- Experimental- Observation- Interview- Questionnaire- Case Study• Practical 1
3	September, 2025	<ul style="list-style-type: none">• Personality<ul style="list-style-type: none">- Nature• Major Approaches<ul style="list-style-type: none">- Trait- Type- Psychodynamic- Behavioural- Humanistic• Practical 2 & 3• Mid Sem Class Test
4	October, 2025	<ul style="list-style-type: none">• Motivation<ul style="list-style-type: none">- Nature- Biological Motives- Psychosocial Motives- Frustration & Conflict• Emotions<ul style="list-style-type: none">- Nature & Bodily Changes- Theories of Emotion : James Lange, Cannon Bard, Schachter & Singer• Practical 4 & 5
5	November, 2025	<ul style="list-style-type: none">• Intelligence<ul style="list-style-type: none">- Theories of Intelligence- Guilford- Gardener- Sternberg• Revision• Class Test
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Name of the Faculty: Dr. Anupriyaa

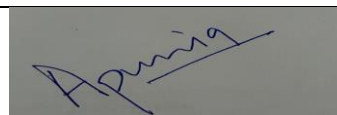
Class and Section: B.A./B.A.(G)(E)/B.

Com/ B.Sc. Ist (Ist Sem)

Session: 2025-26

Subject: Human Values & Ethics

S.No.	Month	Topics
1	July, 2025	<ul style="list-style-type: none">• Understanding the concept of Human Values & Ethics<ul style="list-style-type: none">- Need, Content & Process of Value education
2	August, 2025	<ul style="list-style-type: none">• Classification of Value Education<ul style="list-style-type: none">- Personal, Social, Moral & Spiritual Values• Values from different philosophies<ul style="list-style-type: none">- Buddhism- Jainism- Hinduism- Other religions
3	September, 2025	<ul style="list-style-type: none">• Nature of Human Values<ul style="list-style-type: none">- Significance of Human Values in Life- Relation between Values & Ethics• Professional Ethics<ul style="list-style-type: none">- Nature- Characteristics- Scope• Mid Term Class test
4	October, 2025	<ul style="list-style-type: none">• Types of Professional Ethics<ul style="list-style-type: none">- Professional Values- Trusteeship, Inclusiveness, Commitment, Sustainability, Accountability, Transparency, Impartiality, Integrity & Empathy
5	November, 2025	<ul style="list-style-type: none">• Values for Global Citizenship<ul style="list-style-type: none">- Equality- Justice- Human Dignity• Revision• Class Test•
6	December, 2023	Examination



Signature of the Faculty